

# Great Harvest Bread Co.®

2092-H Newbury Rd. Newbury Park, CA 805-376-0111



Mmmmmmm White  
Chocolate Cherry Swirl!

**ARE YOU KEEPING  
YOUR NEW YEAR'S  
RESOLUTION?**



So many diets are started in January. And, unfortunately, so many diets are forgotten by February. If you need help staying on a healthy diet, remember that multiple studies have shown that eating 3 ounces of whole grains per day can reduce belly fat and helps you weigh less! Renew your resolution to eat a healthy diet by including delicious 100% whole grain bread from Great Harvest!

## FEBRUARY BREADS

- EVERYDAY** Honey Whole Wheat\* • Harvest White • Italian Herb Focaccia • Caraway Rye\* • Cinnamon Swirl
- MONDAY** Nine Grain\* • California Herb\* • Conejo Crunch^ • Dakota\*
- TUESDAY** Cheddar Garlic • Jalapeño Cheddar • Lo Carb Wheat^ • Black Forest Rye^ • Whole Grain Goodness\* • Cinnamon Burst\* • Sourdough
- WEDNESDAY** Popeye^ • Cinnamon Pull-a-part • High 5 fiber\* • Cheddar Sourdough^ • Nine Grain\* • Squaw Bread\*
- THURSDAY** Sundried Tomato Pesto Swirl • Rasin Cinnamon Burst\* • Dakota\* • Spelt\* • Cranberry High-5 • GLUTEN FREE^
- FRIDAY** Whole Grain Goodness\* • Spinach Feta^ • Sourdough^ • Challah • White Chocolate Cherry Swirl • White Cinnamon Burst • Breakfast Blast\*
- SATURDAY** Apple Crumble^ • Nine Grain\* • Cheddar Garlic • Jalapeño Cheddar • Conejo Crunch^ • Cinnamon Burst\* • California Herb\* • Whole Grain Goodness\*

\* 100% Whole Grain ^ Made with Whole Grains

## SWEET SPOT



- MONDAY** Cookies, Blueberry Cream Cheese Scone • Cinnamon Chip Scone • Piña-Colada Scone • Caramel Apple Muffin • Cranberry Orange Walnut loaf
- TUESDAY** Cookies, White Chocolate Raspberry Scone • Maple Walnut Scone • Cranberry Oat meal Scone • Doubleberry Oatmeal Muffin • Fat-Free Cinnamon Rolls • Pumpkin Cinnamon Chip Loaf
- WEDNESDAY** Cookies, Blueberry Cream Cheese Scone • Peach Scone • Banana Nut Muffin • Cinnamon Rolls • Piña Colada Loaf • Banana Nut Loaf
- THURSDAY** Cookies • Maple Pecan Scone • Strawberry Cream Cheese Scone • Blueberry Almond Scone • Carrot Flax Muffin • Cinnamon Rolls • Chocolate Brownie Bread
- FRIDAY** Cookies • Raspberry Cream Cheese Scone • Cinnamon Chip Scone • Blueberry Muffin • Fat-free Cinnamon Rolls • Pumpkin Chocolate Chip Loaf • Pumpkin Muffins
- SATURDAY** Cookies • Cinnamon Apple Scone • Strawberry Cream Cheese Scone • Morning Glory Muffin • Cinnamon Rolls • Pumpkin Chocolate Chip Cakebread
- BREAD PUDDING SELECTIONS:** Monday—Apple, Tuesday—Blueberry, Wednesday—Chocolate Cherry, Thursday—Peach, Friday—Raspberry, Saturday—Strawberry

Store Hours: Monday—Friday 7 am - 6:30 pm, Saturday 8 am - 5 pm

[www.realgoodbread.com](http://www.realgoodbread.com)